

Covid – 19 Protection Framework (Traffic Light System)

This document is intended to detail how Restore Prehabilitation & Recovery® and all associated or sub-letting businesses will operate from 3rd December 2021 under the Covid -19 Protection Framework, referred to as the Traffic Light System, allowing staff and clients to understand clearly and concisely what will be required of them under each setting.

Further details of how the Traffic Light System functions can be found at covid19.govt.nz

Restore Prehabilitation & Recovery® is registered as an Allied Health organisation with all associated business services being classified as a Personal & Public Health Services Facility, providing Health Services, within the meaning of [section 6\(1\)](#) of the New Zealand Public Health and Disability Act 2020; and within the meaning of [section 5\(1\)](#) of the Health Practitioners Competence Assurance Act 2003.

Under the Traffic Light System, this means Restore Prehabilitation & Recovery® and all associated businesses will operate as Health Care, and everyone can access its services*. Vaccine passes will not be required but it will record its client vaccine status against their secure client file within its Patient Management System for reference and use as the country and/or region moves through the various Traffic Light Settings.

Depending on the Traffic Light Setting, the client's vaccination status, and the service under-taken within the business, clients and staff will have to apply different requirements and rules as per the table(s) below.

These requirements are to safeguard clients, and staff alike and must be always adhered to.

N.B. * Denotes at the Red TLS some specific on-premise services will only be available on an online basis to the immune-compromised and/or unvaccinated. By offering an alternative offering, this does not exclude those individuals partaking in those services, whilst safeguarding their health. For details see the tables below.

Operational Activities At All Levels

Activity	Action Details
Signage	<ul style="list-style-type: none"> • Current Traffic Light Alert Setting to be displayed within Reception and all common areas i.e., changing rooms. • QR code to be displayed at: <ul style="list-style-type: none"> ○ Front door ○ Reception ○ Changing Rooms • Face Covering Requirements, in-line with Traffic Light Alert Setting for client reference, to be displayed at: <ul style="list-style-type: none"> ○ Front Door ○ Reception ○ Changing Rooms
Vaccine Status	<p>Clients</p> <ul style="list-style-type: none"> • All clients to provide vaccine status and permission for it to be saved against their secure personal file within the Patient Management System when requested by Staff members • Client is responsible to inform staff members if their vaccine status alters at any time, for any reason. <p>Staff including permanent contractors or sub-lease’s</p> <ul style="list-style-type: none"> • All Staff to be vaccinated as per the government mandates in the Covid-19 Public Health Response (Vaccines) Order 2021, section13; part 7; Clause(s) 7.2 & 7.3 <p>Non-permanent Staff, Contractors, Property management or maintenance staff</p> <ul style="list-style-type: none"> • To be Vaccinated and provide proof of vaccination prior to arranged entry time and date. <ul style="list-style-type: none"> ○ No Vaccination, No entry.
Scanning	<ul style="list-style-type: none"> • Covid-19 Tracing QR code must be scanned by the client immediately upon entry • Staff to mark client as “arrived” against their scheduled appointment within the Patient Management System, as an alternative tracing measure. <ul style="list-style-type: none"> ○ Utilise alternative measure for clients who do not have access to the Covid-19 Tracing App. <p>Staff including permanent contractors or sub-lease’s</p> <ul style="list-style-type: none"> ○ Not required to scan daily. <p>All non-permanent staff, contractors, property managers or property maintenance staff, etc.</p> <ul style="list-style-type: none"> ○ Must scan the Covid-19 Tracer App QR code to gain access to the building. ○ No scan, No entry.
Cleaning	<ul style="list-style-type: none"> • All equipment to be cleansed with appropriate cleaner after use, regardless of Traffic Light Setting. • High touch / traffic areas i.e. reception desk, Eftpos, bathroom sinks to be cleaned at regular intervals throughout the day

Activity	Sub-Activity	Vaccinated Clients	Un-Vaccinated / Immuno-Compromised Clients	Staff including permanent contractors or sub-lease's	Non-permanent Staff, Contractors, Property management or maintenance staff
General					
	Scanning	Required	Required	Ensure client is marked as Arrived Check client symptoms upon entry	Required
	Face Coverings	Mandatory through the whole premise, unless exemption applies or under physical activity	Mandatory through the whole premise, unless exemption applies or under physical activity	Mandatory throughout the whole premise. Team member discretion to treat individual with mask exemption, providing completed personal risk assessment.	Mandatory throughout the whole premise.
	Distancing	>2mtr where practically possible	>2mtr where practically possible	>2mtr where practically possible	>2mtr where practically possible
Appointments					
		Vaccinated Clients	Un-Vaccinated / Immuno-Compromised Clients	Staff	N/A
Osteopathy		Allowed If arrive for appointment and present symptomatic, refer to Osteopathyworks Terms of Trade	<u>Allowed providing made Contact 48hrs prior to confirm non symptomatic.</u> If arrive for appointment and present symptomatic, refer to Osteopathyworks Terms of Trade	Check client symptoms upon entry. If symptomatic cancel the session, client liable for charge as per late cancellation clause of Terms of Trade	
	Distancing	>2mtr Where practically possible	>2mtr Where practically possible	>2mtr Where practically possible	
	Face Coverings	Mandatory through the whole premise, unless exemption applies or under physical activity	Mandatory through the whole premise, unless exemption applies or under physical activity	Mandatory throughout the whole premise. Team member discretion to treat individual with mask exemption, providing completed personal risk assessment.	
	Cleaning	Wash and sanitise hands upon entry and exit of premise	Wash and sanitise hands upon entry and exit of premise	Wash and sanitise hands prior to and after each client Sanitise all equipment immediately after use	
Physiotherapy					
		Vaccinated Clients	Un-Vaccinated / Immuno-Compromised Clients	Staff	
Physiotherapy		Allowed If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	To be delivered via Telehealth where practically possible if not practically possible; <u>Allowed at staff discretion, providing made Contact 48hrs prior to confirm non symptomatic.</u> If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	Check client symptoms upon entry. If symptomatic cancel the session, client liable for charge as per late cancellation clause of Terms of Trade	
	Distancing	>2mtr Where practically possible	>2mtr Where practically possible	>2mtr Where practically possible	
	Face Coverings	Mandatory through the whole premise, unless exemption applies or under physical activity	Mandatory through the whole premise, unless exemption applies or under physical activity	Mandatory throughout the whole premise. Team member discretion to treat individual with mask exemption, providing completed personal risk assessment.	
	Cleaning	Wash and sanitise hands upon entry and exit of premise	Wash and sanitise hands upon entry and exit of premise	Wash and sanitise hands prior to and after each client Sanitise all equipment immediately after use	
Clinical Soft Tissue Inc. Initial Consult					
		Vaccinated Clients	Un-Vaccinated / Immuno-Compromised Clients	Staff	
Clinical Soft Tissue Inc. Initial Consult		Allowed If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	<u>Allowed at staff discretion, providing made Contact 48hrs prior to confirm non symptomatic.</u> If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	Check client symptoms upon entry. If symptomatic cancel the session, client liable for charge as per late cancellation clause of Terms of Trade	
	Distancing	>1mtr where practically possible	>2mtr Where practically possible	>2mtr Where practically possible	
	Face Coverings	Mandatory through the whole premise, unless exemption applies or under physical activity	Mandatory through the whole premise, unless exemption applies or under physical activity	Mandatory throughout the whole premise. Team member discretion to treat individual with mask exemption, providing completed personal risk assessment.	
	Cleaning	Wash and sanitise hands upon entry and exit of premise	Wash and sanitise hands upon entry and exit of premise	Wash and sanitise hands prior to and after each client Sanitise all equipment immediately after use	
Staff					
		Vaccinated Clients	Un-Vaccinated / Immuno-Compromised Clients	Staff	

1 on 1 Movement Therapy		Allowed If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	To be delivered via Telehealth where practically possible If not practically possible; <u>Allowed at staff discretion, providing made Contact 48hrs prior to confirm non symptomatic.</u> If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	Check client symptoms upon entry. If symptomatic cancel the session, client liable for charge as per late cancellation clause of Terms of Trade
inc. FRC, FMC	Distancing	>1mtr where practically possible	>2mtr Where practically possible	>2mtr Where practically possible
	Face Coverings	Mandatory through the whole premise, unless exemption applies or under physical activity	Mandatory through the whole premise, unless exemption applies or under physical activity	Mandatory throughout the whole premise. Team member discretion to treat individual with mask exemption, providing completed personal risk assessment.
	Cleaning	Wash and sanitise hands upon entry and exit of premise	Wash and sanitise hands upon entry and exit of premise	Wash and sanitise hands prior to and after each client Sanitise all equipment immediately after use
		Vaccinated Clients	Un-Vaccinated / Immuno-Compromised Clients	Staff
Small Group Movement Therapy		Allowed If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	Immuno-compromised (vaccinated) - Allowed at staff discretion, providing made Contact 48hrs prior to confirm non symptomatic. If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	Check client symptoms upon entry. If symptomatic cancel the session, client liable for charge as per late cancellation clause of Terms of Trade
	Distancing	>2mtr Where practically possible	Non-vaccinated - Not Allowed on-line option only >2mtr Where practically possible	Consider reduction of attendee numbers based on local active case numbers as reported by DHB/Government updates >2mtr Where practically possible
inc. Kinstretch & foundational core	Face Coverings	Mandatory through the whole premise, unless exemption applies or under physical activity	Mandatory through the whole premise, unless exemption applies or under physical activity	Mandatory throughout the whole premise. Team member discretion to treat individual with mask exemption, providing completed personal risk assessment.
	Cleaning	Wash and sanitise hands upon entry and exit of premise Sanitise all equipment immediately after use	Wash and sanitise hands upon entry and exit of premise Sanitise all equipment immediately after use	Wash and sanitise hands prior to and after each client Sanitise all equipment immediately after use
		Vaccinated Clients	Un-Vaccinated / Immuno-Compromised Clients	Staff
Self - Led Movement Therapy		Allowed If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	Immuno-compromised (vaccinated) - Allowed at staff discretion, providing non symptomatic. If arrive and present symptomatic, liable for cleaning cost of premise and cancellation of contract Non-vaccinated - Not Allowed (access fob and payments temporarily placed on hold)	Check client swiped entry fob as means of tracking Check client symptoms upon entry. If symptomatic cancel the session, client liable for charge as per late cancellation clause of Terms of Trade / cleaning costs and cancel contract
	Distancing	>2mtr Where practically possible	>2mtr Where practically possible	Place all payments and access fobs for non-vaccinated on hold. >2mtr Where practically possible
prescriptive programming	Face Coverings	Mandatory through the whole premise, unless exemption applies or under physical activity	Mandatory through the whole premise, unless exemption applies or under physical activity	Mandatory throughout the whole premise. Team member discretion to treat individual with mask exemption, providing completed personal risk assessment.
	Cleaning	Wash and sanitise hands upon entry and exit of premise Sanitise all equipment immediately after use	Wash and sanitise hands upon entry and exit of premise Sanitise all equipment immediately after use	Ensure all equipment is cleaned after client use



ORANGE

Activity	Sub-Activity	Vaccinated Clients	Un-Vaccinated / Immuno-Compromised Clients	Staff including permanent contractors or sub-lease's	Non-permanent Staff, Contractors, Property management or maintenance staff
General					
	Scanning	Required	Required	Ensure client is marked as Arrived Check client symptoms upon entry	Required
	Face Coverings	>1mtr distancing Strongly Recommended <1mtr distancing Mandatory unless exemption applies or under physical activity	Mandatory through the whole premise, unless exemption applies or under physical activity	>1mtr distancing Strongly Recommended <1mtr distancing or in Treatment Room Mandatory	Mandatory throughout the whole premise.
	Distancing	>1mtr where practically possible	>2mtr where practically possible	>1mtr where practically possible	>2mtr where practically possible
Appointments					
		Vaccinated Clients Allowed	Un-Vaccinated / Immuno-Compromised Clients Allowed	Staff Check client symptoms upon entry. If symptomatic cancel the session, client liable for charge as per late cancellation clause of Terms of Trade	N/A
Osteopathy		If arrive for appointment and present symptomatic, refer to Osteopathyworks Terms of Trade	If arrive for appointment and present symptomatic, refer to Osteopathyworks Terms of Trade	>1mtr where practically possible	
	Distancing	>1mtr where practically possible >1mtr distancing Strongly Recommended	>2mtr Where practically possible	>1mtr where practically possible	
	Face Coverings	<1mtr distancing Mandatory unless exemption applies or under physical activity	Mandatory through the whole premise, unless exemption applies or under physical activity	>1mtr distancing Strongly Recommended <1mtr distancing or in Treatment Room Mandatory	
	Cleaning	Sanatise hands upon entry and exit of premise	Sanatise hands upon entry and exit of premise	Sanatise hands prior to and after each client Sanitise all equipment immediately after use	
Physiotherapy					
		Vaccinated Clients Allowed	Un-Vaccinated / Immuno-Compromised Clients Allowed	Staff Check client symptoms upon entry. If symptomatic cancel the session, client liable for charge as per late cancellation clause of Terms of Trade	
		If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	>1mtr where practically possible	
	Distancing	>1mtr where practically possible >1mtr distancing Strongly Recommended	>2mtr Where practically possible	>1mtr where practically possible	
	Face Coverings	<1mtr distancing Mandatory unless exemption applies or under physical activity	Mandatory through the whole premise, unless exemption applies or under physical activity	>1mtr distancing Strongly Recommended <1mtr distancing or in Treatment Room Mandatory	
	Cleaning	Sanatise hands upon entry and exit of premise	Sanatise hands upon entry and exit of premise	Sanatise hands prior to and after each client Sanitise all equipment immediately after use	
Clinical Soft Tissue Inc. Initial Consult					
		Vaccinated Clients Allowed	Un-Vaccinated / Immuno-Compromised Clients Allowed	Staff Check client symptoms upon entry. If symptomatic cancel the session, client liable for charge as per late cancellation clause of Terms of Trade	
		If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	>1mtr where practically possible	
	Distancing	>1mtr where practically possible >1mtr distancing Strongly Recommended	>2mtr Where practically possible	>1mtr where practically possible	
	Face Coverings	<1mtr distancing Mandatory unless exemption applies or under physical activity	Mandatory through the whole premise, unless exemption applies or under physical activity	>1mtr distancing Strongly Recommended <1mtr distancing or in Treatment Room Mandatory	
	Cleaning	Sanatise hands upon entry and exit of premise	Sanatise hands upon entry and exit of premise	Sanatise hands prior to and after each client Sanitise all equipment immediately after use	
1 on 1 Movement Therapy					
		Vaccinated Clients Allowed	Un-Vaccinated / Immuno-Compromised Clients Allowed	Staff Check client symptoms upon entry. If symptomatic cancel the session, client liable for charge as per late cancellation clause of Terms of Trade	
		If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	>1mtr where practically possible	
	Distancing	>1mtr where practically possible >1mtr distancing Strongly Recommended	>2mtr Where practically possible	>2mtr Where practically possible	
	Face Coverings	<1mtr distancing Mandatory unless exemption applies or under physical activity	Mandatory through the whole premise, unless exemption applies or under physical activity	>1mtr distancing Strongly Recommended <1mtr distancing or in Treatment Room Mandatory	
	Cleaning	Sanatise hands upon entry and exit of premise	Sanatise hands upon entry and exit of premise	Wash and sanatise hands prior to and after each client Sanitise all equipment immediately after use	
Small Group Movement Therapy					
		Vaccinated Clients Allowed	Un-Vaccinated / Immuno-Compromised Clients Allowed	Staff Check client symptoms upon entry. If symptomatic cancel the session, client liable for charge as per late cancellation clause of Terms of Trade	
		If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	>1mtr where practically possible	

inc. Kinstretch & foundational core	Distancing	>1mtr where practically possible >1mtr distancing Strongly Recommended	>2mtr Where practically possible	>1mtr where practically possible
	Face Coverings	<1mtr distancing Mandatory unless exemption applies or under physical activity	Mandatory through the whole premise, unless exemption applies or under physical activity	>1mtr distancing Strongly Recommended <1mtr distancing or in Treatment Room Mandatory
	Cleaning	Sanatise hands on entry and exit of premise Sanitise all equipment immediately after use Vaccinated Clients	Sanatise hands on entry and exit of premise Sanitise all equipment immediately after use Un-Vaccintated / Immuno-Compromised Clients	Sanatise hands prior to and after each client Sanitise all equipment immediately after use Staff
Self - Led Movement Therapy	Allowed If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	Allowed If arrive and present symptomatic, liable for cleaning cost of premise and cancellation of contract	Check client swiped entry fob as means of tracking Check client symptoms upon entry. If symptomatic cancel the session, client liable for charge as per late cancellation clause of Terms of Trade / cleaning costs and cancel contract	
prescriptive programming	Distancing	>1mtr where practically possible >1mtr distancing Strongly Recommended	>2mtr Where practically possible	>1mtr where practically possible
	Face Coverings	<1mtr distancing Mandatory unless exemption applies or under physical activity	Mandatory through the whole premise, unless exemption applies or under physical activity	>1mtr distancing Strongly Recommended <1mtr distancing or in Treatment Room Mandatory
	Cleaning	Sanatise hands on entry and exit of premise Sanitise all equipment immediately after use	Sanatise hands on entry and exit of premise Sanitise all equipment immediately after use	Ensure all equipment is cleaned after client use



GREEN					
Activity	Sub-Activity	Vaccinated Clients	Un-Vaccinated / Immuno-Compromised Clients	Staff including permanent contractors or sub-lease's	Non-permanent Staff, Contractors, Property management or maintenance staff
General					
	Scanning	Required	Required	Ensure client is marked as Arrived Check client symptoms upon entry	Required
	Face Coverings	>1mtr distancing Recommended <1mtr distancing Strongly Recommended Unless exemption applies or under physical activity	>1mtr distancing Recommended <1mtr distancing Strongly Recommended Unless exemption applies or under physical activity	>1mtr distancing and vaccinated Recommended <1mtr distancing Strongly Recommended	Strongly Recommended throughout the whole premise.
	Distancing	>1mtr where practically possible, unless stated otherwise	>1mtr where practically possible, unless stated otherwise	>1mtr where practically possible, unless stated otherwise	>1mtr where practically possible
Appointments					
		Vaccinated Clients Allowed	Un-Vaccinated / Immuno-Compromised Clients Allowed	Staff Check client symptoms upon entry. If symptomatic cancel the session, client liable for charge as per late cancellation clause of Terms of Trade	N/A
	Osteopathy	If arrive for appointment and present symptomatic, refer to Osteopathyworks Terms of Trade	If arrive for appointment and present symptomatic, refer to Osteopathyworks Terms of Trade	>1mtr where practically possible	
	Distancing	>1mtr where practically possible	>1mtr where practically possible	>1mtr where practically possible	
	Face Coverings	>1mtr distancing Recommended <1mtr distancing Strongly Recommended Unless exemption applies or under physical activity	>1mtr distancing Recommended <1mtr distancing Strongly Recommended Unless exemption applies or under physical activity	>1mtr distancing and vaccinated Recommended <1mtr distancing Strongly Recommended	
	Cleaning	Sanatise hands upon entry and exit of premise	Sanatise hands upon entry and exit of premise	Sanatise hands prior to and after each client Sanitise all equipment immediately after use	
		Vaccinated Clients Allowed	Un-Vaccinated / Immuno-Compromised Clients Allowed	Staff Check client symptoms upon entry. If symptomatic cancel the session, client liable for charge as per late cancellation clause of Terms of Trade	
	Physiotherapy	If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	>1mtr where practically possible	
	Distancing	>1mtr where practically possible	>1mtr where practically possible	>1mtr where practically possible	
	Face Coverings	>1mtr distancing Recommended <1mtr distancing Strongly Recommended Unless exemption applies or under physical activity	>1mtr distancing Recommended <1mtr distancing Strongly Recommended Unless exemption applies or under physical activity	>1mtr distancing and vaccinated Recommended <1mtr distancing Strongly Recommended	
	Cleaning	Sanatise hands upon entry and exit of premise	Sanatise hands upon entry and exit of premise	Sanatise hands prior to and after each client Sanitise all equipment immediately after use	
		Vaccinated Clients Allowed	Un-Vaccinated / Immuno-Compromised Clients Allowed	Staff Check client symptoms upon entry. If symptomatic cancel the session, client liable for charge as per late cancellation clause of Terms of Trade	
	Clinical Soft Tissue Inc. Initial Consult	If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	>1mtr where practically possible	
	Distancing	>1mtr where practically possible	>1mtr where practically possible	>1mtr where practically possible	
	Face Coverings	>1mtr distancing Recommended <1mtr distancing Strongly Recommended Unless exemption applies or under physical activity	>1mtr distancing Recommended <1mtr distancing Strongly Recommended Unless exemption applies or under physical activity	>1mtr distancing and vaccinated Recommended <1mtr distancing Strongly Recommended	
	Cleaning	Sanatise hands upon entry and exit of premise	Sanatise hands upon entry and exit of premise	Sanatise hands prior to and after each client Sanitise all equipment immediately after use	
		Vaccinated Clients Allowed	Un-Vaccinated / Immuno-Compromised Clients Allowed	Staff Check client symptoms upon entry. If symptomatic cancel the session, client liable for charge as per late cancellation clause of Terms of Trade	
	1 on 1 Movement Therapy inc. FRC, FMC	If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	>2mtr Where practically possible	
	Distancing	>1mtr where practically possible	>1mtr where practically possible	>2mtr Where practically possible	
	Face Coverings	>1mtr distancing Recommended <1mtr distancing Strongly Recommended Unless exemption applies or under physical activity	>1mtr distancing Recommended <1mtr distancing Strongly Recommended Unless exemption applies or under physical activity	>1mtr distancing and vaccinated Recommended <1mtr distancing Strongly Recommended	
	Cleaning	Sanatise hands upon entry and exit of premise	Sanatise hands upon entry and exit of premise	Wash and sanatise hands prior to and after each client Sanitise all equipment immediately after use	
		Vaccinated Clients Allowed	Un-Vaccinated / Immuno-Compromised Clients Allowed	Staff Check client symptoms upon entry. If symptomatic cancel the session, client liable for charge as per late cancellation clause of Terms of Trade	
	Small Group Movement Therapy	If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	>1mtr where practically possible	
	Distancing	>1mtr where practically possible	>1mtr where practically possible	>1mtr where practically possible	

inc. Kinstretch & foundational core	Face Coverings	>1mtr distancing Recommended <1mtr distancing Strongly Recommended Unless exemption applies or under physical activity	>1mtr distancing Recommended <1mtr distancing Strongly Recommended Unless exemption applies or under physical activity	>1mtr distancing and vaccinated Recommended <1mtr distancing Strongly Recommended
	Cleaning	Sanatise hands on entry and exit of premise Sanitise all equipment immediately after use	Sanatise hands on entry and exit of premise Sanitise all equipment immediately after use	Sanatise hands prior to and after each client Sanitise all equipment immediately after use
		Vaccinated Clients	Un-Vaccinated / Immuno-Compromised Clients	Staff
Self - Led Movement Therapy		Allowed If arrive for appointment and present symptomatic, liable for cost of session as per late cancellation clause of Terms of Trade	Allowed If arrive and present symptomatic, liable for cleaning cost of premise and cancellation of contract	Check client swiped entry fob as means of tracking Check client symptoms upon entry. If symptomatic cancel the session, client liable for charge as per late cancellation clause of Terms of Trade / cleaning costs and cancel contract
prescriptive programming	Distancing	>1mtr where practically possible >1mtr distancing Recommended	>1mtr where practically possible >1mtr distancing Recommended	>1mtr where practically possible
	Face Coverings	<1mtr distancing Strongly Recommended Unless exemption applies or under physical activity	<1mtr distancing Strongly Recommended Unless exemption applies or under physical activity	>1mtr distancing and vaccinated Recommended <1mtr distancing Strongly Recommended
	Cleaning	Sanatise hands on entry and exit of premise Sanitise all equipment immediately after use	Sanatise hands on entry and exit of premise Sanitise all equipment immediately after use	Ensure all equipment is cleaned after client use

